## I RUN FOR WATER FOR EVERYONE









## 13th of October, 2018, Maputo, Mozambique, 7:30am

Join WaterAid Mozambique to celebrate World Hand Wash Day and help the Community of Mulinda, Niassa Province, by raising funds for a new water well.

For more information, contact us at:

Cell (+258) 844 605 326/email: Events-WAMOZ@wateraid.org/facebook: www.facebook.com/wateraidmoz

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## Help us to bring safe and clean water for Mulinda



Mulinda is a remote rural community situated in Insaca, in the district of Mecanhelas, Niassa Province. The community comprises 146 families – an average of 730 people. The community consumes dirty water from Muchimazi River, situated 4 kilometres away.

It is the only water source available. Throughout its existence, the community has never had a secure water supply. In addition to being shared with cattle, the water is used for drinking, washing clothes and bathing - a situation conducive to the outbreak of water-borne diseases such as dysentery and cholera.



Belinha Luís (middle) is 12 years old. She is a primary school pupil in Mulinda. In one day, Belinda makes at least 3 journeys to get enough water, causing her to skip school.

"I know that at the end of the year I might flunk, but I don't have any choice", Belinha Luís.



"In Mulinda we have various situations involving sick people, mostly children. Just using the water makes us feel unwell", says Argentina Eduardo, 23. We'll be happy if, one day, water arrives!

Come and run or walk on October 13th to celebrate World Hand Wash Day and help the people of Mulinda!

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